



Rehab In Motion Of Robertsdale

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<https://www.facebook.com/rehabinmotionpt>

Today's Date: _____ Patient Phone #: _____

Patient: _____ DOB: _____

Dr: _____

Diagnosis: _____

PT _____ Times / week for _____ weeks

Next Appt w/ MD: _____

Evaluate and Treat

Heat

- Hot Pack
- Contrast

Electrotherapy

- Muscle Stimulation
- TENS

Thermal Agents

- Ultrasound
- Ultrasound w/ stimulation
- Phonophoresis
- Fluidotherapy

Cryotherapy

- Ice Massage
- Cold Packs

Exercise/ Rehab

- PROM
- AAROM
- AROM
- PRE
- Isometric
- Isotonic
- Manual Therapy
- Traction CS/LS
- Wii Hab

Protocol

- ACL / PCL Rehab
- MCL Rehab
- Rotator Cuff Rehab
- Low Back Pain Program
- Neck Pain Program
- Shoulder Pain Program
- Wii Rab fit Program

Light Therapy

- Anodyne
- Laser

SPLINTING (specify below)

Special Comment: _____

MD Signature: _____

I certify that the above rehabilitation services are required and authorized by me and that the plan will be updated every 30 days.

WE GET RESULTS!!!